



NUTRITIOUS MOVEMENT®

CENTER NORTHWEST

MAY SCHEDULE

TUESDAYS 9:30

ALIGNMENT FOUNDATIONS

Libby Scofield at NM Center NW

THURSDAYS 10:00

LOW-BACK BOOTCAMP in the lavender

Katy B. or Libby S. at Jardin du Soleil

Libby Scofield on May 4 and 11

Katy Bowman on May 18 and 25

SATURDAYS 9:30

STRETCH STRONG

Katy B. or Libby S. at NM Center NW

Libby Scofield on 6th & 13th

Katy Bowman on 20th & 27th

Please note that Thursday classes are at **Jardin du Soleil**, located at 3932 Sequim Dungeness Way, Sequim WA, 98382.

See back side for more information about the class schedule
or visit our website at www.NMcenterNW.com

