



**NUTRITIOUS MOVEMENT.**

**CENTER NORTHWEST**

# **APRIL CLASSES**

**WEDNESDAY 9:30**

**STRETCH STRONG**

*Instructor: Katy Bowman*

**SATURDAY 8:00**

**STRETCH STRONG**

*Instructor: Katy Bowman*

**SUNDAY 9:30**

**STRETCH STRONG**

*Instructor: Katy Bowman*

NO CLASS on April 14

**See other side or visit [NMcenter.com](http://NMcenter.com) for  
information about classes, workshops and more.**

